



5th Annual Bruce MacDonald 5K Invitational

Presented by Port Washington Union Free School District

Thursday, September 10, 2015, 4:15pm
NO RAINDATE

Location: Sands Point Preserve, 127 Middleneck Road, Port Washington
No spikes please!

Entries: Entry due date is Monday, September 7, 2015 . Payment MUST follow.

Order of Events: Order of Races:

1.5 mile Novice Race (individuals, no medals), 4:15PM Boys, 4:30PM Girls

5K JV races, 4:45 Boys, 5:00 Girls (teams of 5-7 plus individuals)

5K Varsity races, 5:15, Boys, 5:30 Girls (1 team of 5-7)

First race begins at 4:15pm SHARP!

Awards: Medals will be given to the top 10 finishers in JV and Varsity races.

Entry Fees: \$40.00 per JV/Varsity team .

\$5.00 per Novice, or JV runner in addition to team of 7.

\$30 per bus for pass.

Officials will be split between Section VIII schools and billed through BOCES.

QUESTIONS: Nicole Dumpson – Portwashingtontf@gmail.com
Jeremy Klaff – jklaff@portnet.org

REFRESHMENTS AND T-SHIRTS WILL BE SOLD

Port Washington UFSD

5TH Annual Bruce Mac Invitational

Entry Form

NAME OF SCHOOL: _____

SCHOOL ADDRESS: _____

SCHOOL PHONE: _____

BOYS COACH: _____

PHONE: _____ FAX: _____

E-MAIL: _____

GIRLS COACH _____

PHONE: _____ FAX: _____

E-MAIL: _____

BUS PASS \$30 _____

VARSITY TEAM (1) (5-7) \$40 _____

JUNIOR VARSITY TEAM(s) (5-7) \$40 _____

JV INDIVIDUALS \$5 _____

1.5 NOVICE INDIVIDUALS \$5 _____

TOTAL \$ _____

Athletic Director's Signature

P.O. #

Please send completed entries by mail or fax to:

Schreiber High School
C/O Nicole Dumpson, Athletics
101 Campus Drive
Port Washington, NY 11050
PHONE NUMBER: (516) 767-5990
FAX NUMBER: (516) 767-5994

Please make checks payable to **Port Washington UFSD**